Butterfly Nectar and Host Plants

Host Plants

Milkweed → Monarch Butterfly Dill, Bronze Fennel → Eastern Black Swallowtail Aspen, Birch, Cherry → Canadian Tiger Swallowtail Tulip, Cherry, Sweetbay → Eastern Tiger Swallowtail Common Rue → Black Swallowtail Willow, Birch → Mourning Cloak Willow, Blackcherry & Poplar → Red Spotted Purple Admiral Lonicera, Plum & Cherry → Hummingbird Moth Thistle, Hollyhock, Mallow → Painted Lady Walnut, Paperbirch, Sweetgum → Luna Moth

Nectar Plants

AGASTACHE	ASTER
ALLIUM	CONEFLOWER
BUTTERFLY BUSH	GOLDENROD
BUTTERFLY MILKWEED	HELIOTROPE
JOE PYE WEED	HOLLYHOCK
LIATRIS	LANTANA
PENTAS	MARIGOLD
VERBENA BONARIENSIS	RUDBECKIA
ZINNIA	

In order to survive, butterflies need BOTH host and nectar plants.

Host Plants: Plants that butterflies are dependent on for reproduction and are also a food source for emerging caterpillars. (Each species of butterfly requires a specific plant to reproduce). Be prepared for heavy munching on host plants once caterpillars start feeding.

Nectar Plants: Plants that are a food source for many different species of butterflies.. Some nectar plants may be used as host plants by certain species of butterflies. (ex. Monarchs use milkweed as both a host and nectar plant)

